



SPRING 2025

- ✓ 2018-2019 Best of BC Awards Club Winner
- ✓ Academy Setting for Optimal Learning
- ✓ Highly Qualified NCCP Certified Coaches
- ✓ Taraflex Sports Flooring with best safety and performance standard

Competitive Programs

**By Invitation Only & Must Be
Approved by Performance Director ** NO EXCEPTIONS ****

(*Age is guideline only)

Shuttle Pre-1C (*Ages 7-12)

8 weeks	TUE & SUN	April 29 – June 22	4-6PM 9-11AM	\$512 + GST
	FRI & SUN	May 2 – June 22	6-8PM 9-11AM	

Shuttle 1C (*Ages 8-12)

8 weeks	MON	May 5 – June 30	4-6PM	\$756 + GST
	WED	April 30 – June 18	6-8PM	
	SAT	May 3 – June 21	1-3PM	

Shuttle 2C (*Ages 13-18)

8 weeks	MON	May 5 – June 30	6-8PM	\$756 + GST
	THU	May 1 – June 19	4-6PM	
	SAT	May 3 – June 21	9-11AM	

Shuttle 3C (*Age 15+)

8 weeks	MON	May 5 – June 30	8-10PM	\$756 + GST
	THU	May 1 – June 19	6-8PM	
	SAT	May 3 – June 21	11AM-1PM	

Shuttle 4 DOUBLES SPECIALIZATION: 2 Days

Prerequisite: Passed PHASE 2 of SH3 & participate in Rising Stars Circuit & Year-end Tournament

8 weeks	TUES	April 29 – June 17	6-8PM	\$528 + GST
	SAT	May 3 – June 21	3-5PM	