



WINTER 2025

- ✓ 2018-2019 Best of BC Awards Club Winner
- ✓ Academy Setting for Optimal Learning
- ✓ Highly Qualified NCCP Certified Coaches
- ✓ Taraflex Sports Flooring with best safety and performance standard

Competitive Programs

**By Invitation Only & Must Be
Approved by Performance Director ** NO EXCEPTIONS ****
(*Age is guideline only)

Shuttle Pre-1C (*Ages 7-12)

13 weeks	TUE & SUN	January 7 – April 20	4-6PM 9-11AM	\$780 + GST
	FRI & SUN	January 10 – April 25	6-8PM 9-11AM	

Shuttle 1C (*Ages 8-12)

13 weeks	MON	January 6 – April 28	4-6PM	\$1151 + GST
	WED	January 8 – April 16	6-8PM	
	SAT	January 4 – April 26	1-3PM	

Shuttle 2C (*Ages 13-18)

13 weeks	MON	January 6 – April 28	6-8PM	\$1151 + GST
	THU	January 9 – April 17	4-6PM	
	SAT	January 4 – April 26	9-11AM	

Shuttle 3C (*Age 15+)

13 weeks	MON	January 6 – April 28	8-10PM	\$1151 + GST
	THU	January 9 – April 17	6-8PM	
	SAT	January 4 – April 26	11AM-1PM	

Shuttle 4 DOUBLES SPECIALIZATION: 2 Days

Prerequisite: Passed PHASE 2 of SH3 & participate in Rising Stars Circuit & Year-end Tournament

13 weeks	TUES	January 7 – April 15	6-8PM	\$840 + GST
	SAT	January 4 – April 26	3-5PM	