

SHUTTLESPOORT/DOUGLAS COLLEGE BADMINTON ACADEMY

- **Want to play competitive Badminton?**
- **Want to improve your game?**
- **Want to be part of a team?**

Then the Shuttlesport/Douglas College Badminton Academy is for you. Badminton programs begin January 22, 2008. This Academy is based out of Glenbrook School, located at 701 Park Crescent, New Westminster.

The Academy is run under the direction of Performance Director Arif (Al) Mawani and assisted by a group of certified coaches who work under his supervision. Currently, Al is the head Coach for both the Douglas College and BC Badminton teams. In addition, he is the Performance Director for the Shuttlesport/Douglas College Badminton Academy in Coquitlam. He has experience coaching at the International level, has developed National Champions, coached British Columbia to the Gold medal at the 2003 Western Canada Summer Games & 2007 Canada Winter Games. Al has coached several National titles with Douglas College to go with his five time coach of the year honors.

The Shuttle 2 program offered on Tuesday and will cover the following:

- Intermediate skills & tactics
- Game analysis
- Competitive ladder & preparation for competitions
- Fitness component

Instructors: Includes provincial team members. NCCP Certification: Level 1–3

Shuttle 2 (Age 13 - 19) **(Tuesday 5 – 6:00pm)**

Lesson Dates:

January:

Tuesday: 22, 29

February:

Tuesday: 5, 12, 19, 26

March:

Tuesday: 4, 11

April:

Tuesday: 1, 8, 15, 22, 29

Fees: (GST applicable to participants aged 14 and over)

1 X Week (Tuesday – 13 sessions) \$65.00 (\$68.90 inc. GST) Includes T.Shirt

(Shuttle 2 New West)

Name: _____ Birthdate: _____ please circle

Address: _____ Phone No. _____ M F

_____ Postal Code: _____

Medical Condition: _____

Please check one of the following:

Tuesday _____ \$65.00 (\$68.90 inc. GST)

***Cheques made payable to: Douglas College

On behalf of the signed applicant I release Shuttlesport International Ltd., Douglas College, the Coaching Staff, Glenbrook Middle School, and its sponsors from all applicant claims arising from participation in the program. I certify the applicant is in good health except for any medical condition listed.

TO BE SIGNED BY PARENT/GUARDIAN: _____ DATE: _____

PARENT/GUARDIAN NAME: _____

Registration forms can be mailed to: 3942 Harper Court, Burnaby, B.C. V5G 4C1
For further information contact: Performance Director Al Mawani @ (778) 737 - 7475
or e-mail shuttlesport@shaw.ca

www.shuttlesport.com