

## **SHUTTLESPORT/DOUGLAS COLLEGE BADMINTON ACADEMY**

- **Want to learn Badminton?**
- **Want to improve your Badminton skills?**
- **Want to be part of a team?**

Then the Shuttlesport/Douglas College Badminton Academy is for you.

**Where? Academy located in Coquitlam at Pinetree Community Centre**

**When? Badminton programs begin September 9, 2008 & go all year round.**

The Academy is run under the direction of Performance Director Arif (Al) Mawani and assisted by a group of certified coaches who work under his supervision. Currently, Al is the head Coach for Douglas College and one of Badminton BC's Provincial coaches. Coaching experiences range from working with athletes at the grassroots level to international levels. Al has developed National Champions, coached British Columbia to the Gold medal at the 2003 Western Canada Summer Games & 2007 Canada Winter Games. In addition, he has coached Douglas College to several National titles to go with his five time coach of the year honors.

The Shuttle 1 Junior Development Program will be offered on Tuesdays. The program is a fun way to develop proper technique and learn the game of badminton. It meets the needs of both the beginner and competitive player. Class sizes are small and grouped according to ability. Children sign up according to age and move through the levels with improvement. Each practice consists of instruction followed by various game formats.

Instructors: Includes provincial team members. NCCP Certification: Level 1-3

### **Shuttle 1 (Age 8 – 14)** **(Tuesday 4:30 – 6:30pm)**

Lesson Dates:

#### **September:**

Tuesday: 9, 16, 23, 30

#### **October:**

Tuesday: 7, 14, 21, 28

#### **November:**

Tuesday: 4, 18, 25

#### **December:**

Tuesday: 2, 9

### **Fees: (GST applicable to participants aged 14 and over)**

1 X Week (Tuesday – 13 sessions) \$130.00 (\$136.50 inc. GST)

# (Shuttle 1)

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Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Gender: M F please circle Birthdate(d/m/yy): \_\_\_\_\_

Street Address: \_\_\_\_\_ City: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Other Phone: \_\_\_\_\_ Email address: \_\_\_\_\_

Medical Condition: \_\_\_\_\_

**Please check one of the following:**

Tuesday \_\_\_\_\_ \$130.00 (\$136.50 inc. GST)

\*\*\*Cheques made payable to: Douglas College

\*\*\*Information for payment plan available

**On behalf of the signed applicant I release Shuttlesport International Ltd., Douglas College, the Coaching Staff, Pinetree Community Centre, and its sponsors from all applicant claims arising from participation in the program. I certify the applicant is in good health except for any medical condition listed.**

**TO BE SIGNED BY PARENT/GUARDIAN:** \_\_\_\_\_ **DATE:** \_\_\_\_\_  
d/m/yy

**PARENT/GUARDIAN NAME:** \_\_\_\_\_

Registration forms can be mailed to: 3942 Harper Court, Burnaby, B.C. V5G 4C1  
For further information contact: Performance Director Al Mawani @ (778) 737 – 7475  
or e-mail [shuttlesport@shaw.ca](mailto:shuttlesport@shaw.ca)

[www.shuttlesport.com](http://www.shuttlesport.com)